



## **SWAP and the Global Financial Crisis:**

Some suggestions we have to ensure that your transition into the global job market goes smoothly are:

-be prepared and open to taking temporary casual work if you are searching for a more career-type job. We have been informed by our partners abroad that the casual job market is much easier to find work in and is a great option while you continue to search for a more professional job.

-take advantage of the SWAP Hosting Centres where there are usually lots of job listings and staff that are there to help and offer suggestions if you are finding it challenging to find work.

-before you leave Canada, try to establish job contacts. Speak to other SWAP participants on the SWAP Exchange or contact the hosting partner prior to leaving to find out what job opportunities are out there. Look for jobs online and try contacting the companies prior to leaving. Also, contact agencies to line up interviews for when you first arrive.

-prepare your resume/CV in advance with the help of SWAP materials or make sure that you have all your documents and work experience recorded in one place so that as soon as you go to your arrival orientation you can get started on your resume and get it done quickly. The sooner this is done, the sooner you start your search and find work.

-be aware of the high season starts when thinking about booking a flight. Leaving the week before price hikes take place can save you bundle! Or book your flight far in advance to take advantage of cheap flight offers.

- The host governments all require participants to have a minimum amount of money in support funds. If possible, it's never a bad idea to have more than the stated minimum requirement or ready access to it back home in Canada.